Assis Counseling PLLC
becoming whole

Kim Tanuvasa, LPC
9555 Lebanon Road Bldg 4, #402, Frisco, TX 75035

Name: Name of spouse/partner, or parent if a minor:			Date:
Date of birth:	Education level completed:	Marital Status:	Gender:
Home address:			
Home/Work Phone: Cell Phone:	Email:	**How would you like appointment reminders sent?** ☐Phone call ☐ Text ☐Email *Please know phone and text are unsecure methods of communication.*	
Current medications and dosage:			
Name of doctor:	Health insurance or EAP: Member ID #:	Primary insured: Primary insured birthdate:	

Type of counseling you are seeking (check all that apply):
☐Individual Adult ☐Child/Adolescent ☐Couples/Relationship ☐Family ☐Adjustment /stress ☐Anxiety
☐Anger Mgt. ☐ Depression ☐Grief ☐Substance Abuse ☐Career ☐Financial ☐Other:

Circle primary concern and check additional issues:

☐Abandonment	☐Codependency	☐Gender identity	☐Self esteem
☐Anger	☐Depression	☐Grief	☐Self harming/cutting
☐Anxiety	☐Domestic violence	☐Health	☐Sex abuse
☐Alcohol	☐Drugs	☐Marital/Relationship	☐Suicidal ideation/attempt
☐Bipolar	☐Financial	☐PTSD	☐Trauma

☐Other: _____

What prompted you to seek counseling? What would you like to achieve?

Strengths: Weaknesses:	Recent stressors:
Who referred you?	Previous and current counseling? ☐Yes ☐ No If yes, please describe:

How do you prefer to participate in counseling? ☐ in person ☐ telephone ☐ video
Telephone and video counseling must be approved by insurance and can only be done in Texas where I hold a license.

Health: ☐Excellent ☐ Good ☐ Poor **Sleep:** ☐Excellent ☐ Good ☐ Poor **Appetite:** ☐Excellent ☐ Good ☐ Poor **Are you an emotional eater?** ☐No ☐Yes	**Psychosocial support**: ☐Family ☐Spouse/partner ☐Friend(s) ☐ coworkers ☐12-step program ☐religious organization ☐ pet ☐neighbors ☐other:

Family history: ☐ Anger ☐Anxiety ☐Bipolar ☐Depression ☐Domestic violence ☐ Schizophrenia ☐Sex abuse
☐Physical abuse ☐Suicidal ideation ☐Divorce ☐Alcohol/Drug abuse ☐Other:

Current substance use: ☐None ☐Alcohol ☐Cigarettes ☐Marijuana ☐Other: _____ ☐DUI
☐Impairment at school or work ☐Use substances to relieve sadness, anger, boredom, insomnia